

Save \$300 on medical plan premiums in 2025

Earn your incentive by achieving Silver status with Vitality®. Benefits-eligible employees have from **Jan. 1, 2024–Dec. 13, 2024** to achieve Silver status.



As part of the annual review into the university's investment in healthy choice offerings, the Health Assessment and Fitness Incentive programs will be combined into one wellness incentive, with an updated savings of \$300 in 2025.

Choose your own path to earning rewards

Two paths to achieving Silver status (2,500 total points)

1. Complete the annual online Vitality Health Review® (VHR) and in person Vitality Check™.
- OR**
2. Complete the annual online VHR and earn points by completing Vitality activities you enjoy doing or want to learn more about.

DON'T FORGET! The 2024 program period deadline is **Friday, Dec. 13, 2024.**

The program is confidential. Your privacy is protected—always. No one at USC who is not involved in your clinical care sees any of your individual results.

For Vitality website support, contact Vitality Customer Service at 877-224-7117 or wellness@powerofvitality.com.

Vitality and Vitality Health Review are registered trademarks of Vitality Group International, Inc. Vitality Check is a trademark of Vitality Group International, Inc.

Get started

Visit the USC Employee Gateway website, or scan the QR below, to learn more and connect directly to Vitality using SSO.



Powered by Vitality

